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Walking Club 

 HUNTSVILLE HOSPITAL

BRIDGE STREET
TOWN CENTRE

Take strides toward better health and enjoy the great outdoors. Huntsville Hospital's ¾ mile walking trail that circles Bridge Street Lake provides an opportunity to get fit and renew your senses at the Southeast's premier shopping venue.

Join the Huntsville Hospital Walking Club and be entered to win great prizes.

It's easy as 1-2-3!

- ❶ Fill out the form below and deliver it to Mountain High Outfitters.
- ❷ Every time you walk the Huntsville Hospital Walking Trail around Bridge Street Lake, visit Mountain High Outfitters after your walk to register for our prize giveaways. The more you walk, the more chances you have to win!
- ❸ Enjoy the rewards of a healthier you.

Join now! (Turn in at Mountain High Outfitters.)

You are strongly recommended to consult your physician prior to beginning any exercise program.

Name: _____

Address: _____

City, State, Zip: _____

Birthdate: ____/____/____ Phone: (____) _____

Email: _____

See other side.

WELLNESS  CENTER
 HUNTSVILLE HOSPITAL

3 locations to serve you:

Huntsville Medical Mall • Jones Valley • Madison

(256) 265-WELL

huntsvillehospital.org

BRIDGE STREET
TOWN CENTRE

the Mall
Get away from ~~it~~ all.

(256) 327-8400

bridgestreethuntsville.com

It is expressly agreed that all exercises in conjunction with the Huntsville Hospital Walking Club are and shall be undertaken at participant's and participant's minor children's sole risk, and that the participant assumes the risk of any injuries he or she or the participant's minor children may suffer while participating in the Huntsville Hospital Walking Club program, and that Huntsville Hospital and Bridge Street Town Centre shall not be liable for any claims, demands, injuries, damages, actions or causes of action, whatsoever to the participant, the participant's minor children or property arising out of or connected with participation in the Huntsville Hospital Walking Club program.

Signature: _____

Date: _____ (Turn in at Mountain High Outfitters.)